

Evolving Practices in Embodiment Education and Performance

Sat. March 23, 11:00 am – 5:00 pm

HUMANITIES
COMMUNITIES
Central New York Humanities Corridor



A Day of Workshops at Hobart & William Smith Colleges, Department of Dance and Movement Studies, Gearan Center for the Performing Arts, Geneva, NY

3:00-5:00 with Guest Artist/Educator ERIN LAW

Erin Law (they/she) has a background in dance, somatics, bodywork and cultural studies. They earned their undergraduate degree in Dance from Hobart & William Smith Colleges, their Certification in Laban Bartenieff Movement Analysis from Integrated Movement Studies, their Master of Fine Arts degree at Smith College and they are a Licensed Massage Therapist in the state of Tennessee. Erin is currently on faculty at Integrated Movement Studies, a certification program for movement analysis and developmental movement and is a Visiting Assistant Professor of Dance at Alfred University. Erin facilitates and engages in practices, analysis, advocacy, and activism to contribute to the transformation and alchemy of systemic oppression/supremacy culture, toward the blossoming of a more resilient and whole humanity. Erin's call and vocation is to facilitate spaces rooted in creative embodied practice at the borders of education, art and healing that support people and communities who are ready and willing to lean into personal and collective liberation and deeper self-awareness. Erin is shaped by their family, and all of their teachers, students, and colleagues who have challenged and inspired them. You can learn more about Erin via their website: www.erinlawembodiment.com

Workshop Description: *In this two-hour session, we will root into the soil of somatic knowing to nurture and explore our relationships to authenticity, power, liberation, pleasure, and imaginal endurance within dance improvisation practices. (E. Law)*

Schedule of the day in Studio 104:

- 11:00-noon – Gentle warm-up led by Anne Harris Wilcox
- Noon-1:00 – Caribbean dance session with Kieron Sargeant, exploring Orisha dances from Trinidad and Tobago
- 1:00-2:50 – Lunch followed by a moderated discussion about improvisation pedagogy, performing spontaneous movement and choreographing improv' structures
- 3:00-5:00 – Workshop with Erin Law

CNY Humanities Corridor, Group Organizers: **Sarah Jacobs**, Visiting Assistant Professor, Dance and Movement Studies, Hamilton College; **Kieron Sargeant**, Assistant Professor, Dance, Skidmore College; **Missy Pfohl Smith**, Director, Dance and Movement, University of Rochester; **Rose Pasquarello Beauchamp**, Associate Professor, Dance and Movement, University of Rochester; **Anne Wilcox**, Associate Professor, Dance and Movement, University of Rochester; **Donna Davenport**, Professor, Dance, Hobart and William Smith Colleges.